

Cameroon

March 2014

Tour Report by Michael Mills

Photographs by tour participant Keith Betton (captions in orange)

www.birdingafrica.com

Trip summary: This year's Cameroon tour produced a fantastic array of localised species, despite the Waza area once again being off limits to our group. A few days of pre-tour exploration in the southern lowlands produced some rarely-seen birds such as Black-collared Lovebird, Gosling's Apalis, Red-crowned Malimbe, superb views of Black Spinetail, White-spotted Wattle-eye, Black-necked Wattle-eye, Uganda Woodland Warbler, Forest Penduline Tit, Gabon Batis, Dusky Long-tailed Cuckoo, Rufous-sided Broadbill, Bristle-nosed Barbet, Lowland Sooty Boubou, Fiery-breasted Bushshrike and large flocks of Black-headed Waxbill. We fared exceptionally well in the southern highlands on the main tour, seeing all available Cameroon Mountains endemics including Mount Kupe Bushshrike, Green-breasted Bushshrike, plus the tricky Crossley's Ground Thrush and skulking Alexander's Akalat. Other highlights here were Bannerman's Turaco, Banded Wattle-eye, Cameroon Olive Pigeon, White-throated Mountain Babbler, Woodhouse's Antpecker, African Piculet, unbeatable views of Grey-chested Babbler, Blackcap Illadopsis, Little Oliveback, Grey-headed Broadbill and Yellow-bellied Wattle-eye. The north spoiled us with Emin's Shrike, Chad Firefinch, Egyptian Plover, Fox Kestrel, Dybowski's Twinspot, Spotted Thrush Babbler, Bamenda Apalis and Standard-winged Nightjar. Other highlights at Benoue and Ngaoundaba Ranch included Grey-headed Oliveback, Oriole Warbler, Bat Hawk, White-throated Francolin, White-crested Turaco, Red-winged Grey Warbler, Violet Turaco, Abyssinian Ground Hornbill, Brown Twinspot, Yellow-winged Pytilia, White-collared Starling, Blue-bellied Roller, Gambaga Flycatcher and Brown-rumped

Bunting. And African Cuckoo-Hawk and White-fronted Black Chat were nice surprises near Garoua. The final section of the trip took us to Campo Ma'an in the southern lowlands, with Grey Pratincole, Bates's Swift and the phenomenal Violet-tailed Sunbird all seen well en route. At Campo the undoubted highlight was watching Red-headed Rockfowl around their breeding caves, but other noteworthy species included Sjostedt's Greenbul and Bare-cheeked Trogon.



The top ten birds of the trip as voted for were:

- 10 Several lovely **Banded Wattle-eye** in the Bamenda highlands and **Oriole Warbler** at Ngaoundaba Ranch and Benoue.
- 9 An excellent showing by **Spotted Thrush Babbler** at Ngaoundaba Ranch.
- 8 Super views of the graceful **Egyptian Plover** on the banks of the Benoue river.
- 7 Excellent looks (after much effort) at the tricky and localised **Crossley's Ground Thrush**.
- 6 **Bare-cheeked Trogon**, an unexpected find at Campo Ma'an.
- 5 Dazzling Violet-tailed Sunbird near Kribi.
- 4 Point-blank views of the usually-invisible **Grey-chested Babbler** on Mount Cameroon!
- 3 The desirable **Red-headed Picathartes** seen at their breeding caves in Campo Ma'an.
- 2 Prolonged views of the rarely-seen **Emin's Shrike**.
- 1 Good, long looks at the rare **Mount Kupe Bushshrike**, after much effort.

As has now become routine, our main tour kicked off with the road transect from Douala to the Bamenda highlands, passing initially through degraded lowland forests and then alongside the forested peaks of Mount Kupe and the Manenguba Mountains before finally climbing up into the heavily populated highlands of the Bamenda area. En route we paused for lunch with Yellow-billed Duck, the resident *kumboensis* subspecies of Red-rumped Swallow and our first Chubb's Cisticola and Black-crowned Waxbills. In the late afternoon a short stint near Lake Awing produced some nice Yellow-breasted Boubous, a relatively showy Bangwa Forest Warbler, Black-billed Weaver and Black-shouldered Nightjar that we flushed but managed to relocate on



a branch, before we continued on to our conveniently-situated accommodation. Early the next morning we bounced our way up to Ijum Ridge. We worked the area of best forest and gradually located all the trickier endemics. First Banded Wattle-eye gave some nice looks, then Bannerman's Weaver sat up, next Bannerman's Turaco obliged by passing by us several times and finally a pair of Cameroon Olive Pigeon was found feeding quietly in a fruiting tree.

We also kept our eyes on greenbuls and picked out Cameroon (Montane) Greenbul among the more common Western (Mountain) Greenbuls, although we had to wait until the afternoon for excellent views. More Yellow-breasted Boubou, snappy Black-collared Apalis, dark-headed Ruwenzori Hill Babbler, Mountain Robin-Chat, Thick-billed Seedeater, Western Green Tinkerbird and lovely Oriole Finch also kept us entertained. In more open areas we enjoyed good looks at Dark-capped Yellow Warbler and Pectoral-patch Cisticola, and Cameroon Pipit (usually treated as a subspecies of African Pipit) and Bannerman's Pipit (usually treated as a subspecies of Long-billed Pipit) in their respective habitats. On the way back Double-spurred Francolin was spotted in some fallow fields, some dark swifts were watched overhead, Cabanis's Bunting was watched in full song and Gosling's (Cinnamon-breasted) Bunting was found feeding amongst the many Tree Pipits.

It was now time to move on to the other highland areas, but not before a short visit to Bamenda Town where **White-crowned Cliff Chat** and **Neumann's Starling** were quickly located and a last stop at Lake Awing where highlights were **Western Black-headed Batis** and **Orange-tufted Sunbird**. In the late afternoon we arrived at Nyasoso and got settled into our "home" for the next five nights.

We acclimatised to the forest trails and local birds with a relatively easy day up Mount Kupe and later returned for more time in this species-rich forest where the new birds just kept coming. Thereafter we turned our attention to the Bakossi Mountains. The Cameroon Mountains Endemics were our main focus. We fared well, easily seeing several noisy groups of **Grey-headed Greenbul** often in the company of **White-throated Mountain Babbler**, surely the region's most charismatic endemic, and several **Black-capped Woodland Warbler**. **White-tailed Warbler** was trickier this year than last, but after a few attempts we persuaded a lovely tail-quivering male to approach us for good looks, and some of the group managed to spot a more recluse female. **Ursula's Sunbird** played along nicely and provided two prolonged, eye-level views in some flowering bushes, alongside **Cameroon Sunbird**. **Cameroon Olive Greenbul** was more challenging but gave us a couple of opportunities to see it. But best of all we were treated to excellent views of a **Mount Kupe Bushshrike** after considerable effort and miles and miles of tramping along forest trails, and we more easily tracked down a bulky **Green-breasted Bushshrike** for decent looks.



Johanna's Sunbird in southern Cameroon

Among the other regional specialities, **Grey-headed Broadbill** surprised us by once again displaying alongside its cousin, the more widespread **Rufous-sided Broadbill**. **Black-necked Wattle-eye** gave us the run around but everyone got views in the end. **Crossley's Ground Thrush** teased us for a long time but eventually gave excellent views. And **Alexander's Akalat** (usually lumped with **Bocage's Akalat**) showed well. We also notched up a long list of other highlights such as: **Scaly Francolin** sitting in the track, **Cassin's Hawk-Eagle** in display over Nyasoso, **Guinea Turaco**, **Yellow-billed Turaco**, **White-bellied Robin-Chat**, a nice male **Bartailed Trogon**, striking **Black Bee-eater**, diminutive **African Piculet**, active **Gabon Woodpecker**, **Many-colored Bushshrike**, **Fernando Po Batis**, **Yellow-crested Woodpecker**, **Luhder's**

Bushshrike, Tullberg's Woodpecker, dazzling Yellow-bellied Wattle-eye, Fiery-breasted Bushshrike, Bocage's Bushshrike, Pink-footed Puffback, Red-eyed Puffback, Mountain Sooty Boubou, Grey Cuckooshrike, Black-winged Oriole, Shining Drongo, Bates's Paradise Flycatcher, Swamp Palm Bulbul, Chestnut-capped Flycatcher, Green Hylia, Tit Hylia, Forest Swallow, Chattering Cisticola, Banded Prinia, Black-capped Apalis, Black-throated Apalis, Rufous-crowned Eremomela, Black-faced Rufous Warbler, amazingly good views of Blackcap Illadopsis, Forest White-eye, Southern Hyliota, White-tailed Ant-Thrush, Cassin's Flycatcher, cute Yellow-footed Flycatcher, Tiny Sunbird, Preuss's Weaver, Brown-capped Weaver and Woodhouse's Antpecker. At night Fraser's Eagle-Owl called nearby and we tracked down a bird perched in a large tree.

To complete our sweep through the highland areas we made our final assault on Mount Cameroon, the highest peak in West Africa. Colourful **Yellow-breasted Boubou** enlivened the hike up, excitable **White-bellied Crested Flycatcher** flitted about actively, **(Cameroon) Evergreen Forest Warbler** showed well, several pale-headed **African Hill Babblers** were seen and **Mountain**

Robin-Chat sat in the path for us to admire at length. The undoubted highlight of the walk up, however, was the small numbers of Shelley's Oliveback seen at close range, and we even found a nest carefully concealed in a palm tree. As we neared the upper treeline our first Mountain Saw-wings flitted by, but our attention was soon averted to a small flock of Mount Cameroon Speirops feeding right beside the track, which we continued to watch while snacking on our picnic lunches. The long walk down started superbly as we managed to lure out the skulking Grey-chested Babbler for some amazing views, right beside the path and out in the open. Continued down we added to the list with Thick-billed



Honeyguide, Red-faced Crimsonwing and Elliot's Woodpecker showing along the way.

Reaching the more open areas at the bottom we fairly quickly managed to hear Red-chested

Flufftail calling, which teased us from a nearby thicket. We had to settle for excellent views of

Mount Saw-wing, but returned early the next morning to tempt the male of the said flufftail across a path for some good looks.

Before flying north we had time for a morning outing to Limbe Botanical Gardens, where it was hot and humid. In a couple of hours ambling around the gardens we enjoyed excellent looks at **Western Bluebill**, scoped a **Pale-fronted Nigrita** for a detailed study, saw several **Reichenbach's Sunbirds** and had a fly-over **Chestnut-winged Starling**. From there it was on to Douala for a late lunch before an evening flight to Garoua.

Early the next morning we made our way down the main road towards Benoue National Park, before veering off towards Poli, an area that has now become famous in which to see the highly localised **Chad Firefinch**. On arrival, with **Black-faced Firefinch**, **White-headed Barbet**, **Red-**

throated Bee-eater and Heuglin's

Wheater already seen at the roadside, we wasted no time in heading for some gallery thickets where we immediately connected with our main target. Unfortunately they disappeared before everyone had seen them well, so we climbed higher to an area where we could watch several males and females Chad Firefinch moving back and forth between the bushes, giving great views. Our attention was diverted from time to time by other desirable species: Grey-headed



Oliveback showed in a tangle, the scarce West African Seedeater perched up, Senegal Batis, Willcock's Honeyguide and several Dybowski's Twinspot were located and our first Stone Partridges were seen nearby. We then started our long journey towards Ngaoundaba Ranch, pausing to admire Grasshopper Buzzard en route, but little else.

Ngaoundaba's cooler weather was very welcome after a hot day around Poli and spurred us on to explore the ranch's gallery forests and woodlands, which turned up a long list of desirable birds. Right on top of the list were good views of Spotted Thrush Babbler, the uncommon Gambaga Flycatcher, several Hartlaub's Duck spotted on the lake, an excellent sighting of the localised Bamenda Apalis, a male White-spotted Flufftail that gave clear views, a singing Long-tailed Nightjar, some bright Ross's Turaco, displaying Standard-winged Nightjar, close-up views of Sun Lark, satisfying views of Red-tailed Leaflove, several White-collared Starling, some lovely Yellow-winged Pytilia and a very showy Brown-rumped Bunting. Other species included great views of African Scops Owl and a juvenile Bathawk, Black Scimitarbill, Double-toothed Barbet, White-breasted Cuckooshrike, Yellow-billed Shrike, Square-tailed Drongo, Whiteshouldered Black Tit, Whistling Cisticola, Blackcap Babbler, Bronze-tailed Starling, Greywinged Robin-Chat, Splendid Sunbird, Brown Twinspot, Spotted Creeper, White-crested Turaco, Senegal Parrot, more Grey-headed Olivebacks, Black-bellied Firefinch, Marsh Widowbird, Greater Swamp Warbler, Yellow-bellied Hyliota, Red-winged Grey Warbler, Oriole Warbler, Piapiac, African Golden Oriole, Western Grey Plaintain-eater, Senegal Eremomela, Brown-backed Woodpecker and Green-backed Woodpecker. At Ngaoundere and Lake Dang we saw Greyish Eagle-Owl and Marsh Widowbird, respectively, before it was time to start our journey back north...

We arrived at our tranquil riverside-camp in Benoue well in time for some evening birding. Everyone was impressed with the number of birds right on our doorstep, and a short walk along the river produced some great birds. Non-breeding Black-headed Weavers were accompanied by more colourful Bar-breasted Firefinch. Sunbirds were also in evidence, and included Pygmy Sunbird and Beautiful Sunbird. Among the hundreds of Preuss's Cliff Swallows we spotted a couple of West African Swallow. White-crowned Lapwing, Senegal Thick-knee and Woolly-necked Stork fed along the river. However, it was undoubtedly the elegant Egyptian Plovers that



were the highlight and kept the photographers engrossed for a long time.

The rest of our time at Benoue was divided between gallery forests and dry broad-leafed woodlands. First we turned our attention to the denser, taller gallery forest. The highlight here was good looks at a calling Adamawa Turtle Dove, but other riverside birds seen included Black-billed Wood Dove, Swamp Flycatcher, Bearded Barbet, Black-headed Gonoleks, Fine-spotted Woodpecker and Violet Turaco. In the hot, dry woodlands new birds included some lovely Blue-bellied Rollers, Chestnut-crowned Sparrow Weaver, Rufous Cisticola, Redheaded Weaver and excellent views of the localised White-throated Francolin.

Leaving Benoue, we decided to make a second visit to the Poli area, so early the next morning we set off towards a slightly different area near the town. En route a couple of stops turned up



Vieillot's Barbet, more
Bearded Barbets and some
excellent views of Fox Kestrel.
As we approached our
destination a couple of small
cisticolas flushed from the
track-side grass, proving to be
the very scarce Black-backed
Cisticola. They were hard to
see, and each time we flushed
them went straight to ground,
although in the end we got one
to sit up for us. Next we struck
out on a large loop through the

open woodland. We were all prepared for a long walk, but soon the calls of "shrike!" rang out. And

there it was, a lovely and very rare male Emin's Shrike! We took our time to creep closer and get excellent views, after which we turned our attention to some nearby **Dorst's** Cisticola, Heuglin's Wheatear and Red-winged Warbler, before starting our journey towards Garoua. With some time to spare before our flight back to the south we took the opportunity to explore some of the rocky hillsides and riverside habitats near to town, and found Flappet Lark, more Dorst's

Cisticola, White-fronted



Black Chat, White-crowned Cliff Chat, Green Bee-eater, a surprise African Cuckoo-Hawk, Rock-loving Cisticola, more Fox Kestrels, White-throated Seedeater, Crested Lark and African Pipit.

It was now time to head back to the humid south, with a late night flight from Garoua depositing us in Douala. We enjoyed a later breakfast before heading out towards Kribi, stopping along the Sanaga River en route. Here the usual suspects were in evidence – **Grey Pratincole, White-bibbed Swallow, African Skimmer** and **Rufous-vented Paradise-Flycatcher**. And during an

evening outing near our hotel we succeeded in relocating last year's **Violet-tailed Sunbirds**, a rare and gorgeous bird that allowed us close and detailed study.



Lowland forests in the Kribi/Campo area were our focus for the rest of the trip, most birding done from our very comfortable seaside accommodation at Kribi. Our main focus was, of course, to see the desirable **Red-headed Rockfowl**, for which we suffered just one night of less salubrious accommodation. From here it was just a short drive and walk before we arrived at some large boulders inside the forest. Our vigil didn't last too long, and after about 30 minutes the first birds arrived. Initially they were hard to spot, but they eventually made their way closer and in the end we had some great, clear looks at a bird bouncing between rock and vine.

Main job done we could enjoy the rest of our time searching for other birds in these humid forests, and we found a good array of species: flocks of **Grey Parrot**, noisy **White-thighed Hornbill** and **Black-casqued Wattled Hornbill**, a small flock of **Bates's Swift** flying low over the road, good looks at **White-spotted Wattle-eye**, **Red-billed Dwarf Hornbill**, **Square-tailed Saw-wing**, **Sjostedt's (Honeyguide) Greenbul**, a bright male **Bare-cheeked Trogon**, **Fraser's Forest Flycatcher**, **Xavier's Greenbul**, **Eastern Bearded Greenbul**, **White-bearded Greenbul**, **Yellow-lored Bristlebill**, **Bates's Sunbird** and **Long-legged Pipit**. Our final drive back to Douala produced **Rock Pratincole** and a rather too exciting finale: there had been a road accident, causing a police-enforced road closure that forced us on a long and uncertain detour to the airport – just a final reminder of how unpredictable Cameroon can be. Fortunately the detour wasn't as long as feared and we all arrived in good time for our flights home.



Cameroon March 2014 trip list by Michael Mills. Total species recorded: 563

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Helmeted Guineafowl
New World Quail

Stone Partridge

Pheasants, Fowl & Allies

White-throated Francolin

Scaly Francolin

Double-spurred Francolin

Ducks, Geese & Swans

White-faced Whistling Duck Spur-winged Goose Hartlaub's Duck African Pygmy Goose Yellow-billed Duck

Grebes

Little Grebe

Storks

African Openbill Woolly-necked Stork

ORDER GALLIFORMES

Family Numididae

Numida meleagris Several sighting in the north.

Family Odontophoridae

Ptilopachus petrosus First seen at Poli and again at Benoue

Family Phasianidae

Peliperdix albogularis Great views at Benoue

Pternistis squamatus
Seen well on the road near Nyassoso, and again at Ngaoundaba
Pternistis bicalcaratus
First seen in the Bamenda highlands and later in the north

ORDER ANSERIFORMES

Family Anatidae

Dendrocygna viduata Seen at Dschang Plectropterus gambensis Seen at Lake Dang

Pteronetta hartlaubiiSeen at Ngaoundaba and on the pre-tourNettapus auritusSeen at the Duck Pond on the pre-tour

Anas undulata Seen at Dschang and on the Duck Pond on the pre-tour

ORDER PODICIPEDIFORMES

Family Podicipedidae

Tachybaptus ruficollis Several scattered sightings

ORDER CICONIIFORMES

Family Ciconiidae

Anastomus lamelligerus Just one in the north.

Ciconia episcopus Seen in Benoue and en route to Kribi.

	ORDER PELECANIFORMES		
Ibises, Spoonbills	Family Threskiornithidae		
African Sacred Ibis	Threskiornis aethiopicus	Seen only on one day.	
Hadada Ibis	Bostrychia hagedash	Seen in the north.	
Herons, Bitterns	Family Ardeidae		
Striated Heron	Butorides striata	Seen at Benoue	
Squacco Heron	Ardeola ralloides	Seen in the north	
Western Cattle Egret	Bubulcus ibis	Widespread and common	
Grey Heron	Ardea cinerea	Just a couple of sightings	
Black-headed Heron	Ardea melanocephala	Seen several times	
Purple Heron	Ardea purpurea	Seen a few times	
Great Egret	Ardea alba	A few scattered sightings	
Intermediate Egret	Egretta intermedia	Just one sighting	
Little Egret	Egretta garzetta	Seen a couple of times	
Western Reef Heron	Egretta gularis	First seen at Limbe	
Hamerkop	Family Scopidae		
Hamerkop	Scopus umbretta	Seen most often in the north	
	ORDER SULIFORMES		
Cormorants, shags	Family Phalacrocoracidae		
Reed Cormorant	Microcarbo africanus	Seen on several days	
Anhingas, darters	Family Anhingidae		
African Darter	Anhinga rufa	Seen on the pre-tour	
	ORDER ACCIPITRIFORMES		

Kites, Hawks & Eagles

African Cuckoo-Hawk European Honey Buzzard Bat Hawk Black-winged Kite Yellow-billed Kite African Fish Eagle Palm-nut Vulture Hooded Vulture White-backed Vulture Brown Snake Eagle

Western Marsh Harrier Pallid Harrier Montagu's Harrier African Harrier-Hawk Dark Chanting Goshawk

Gabar Goshawk

Bateleur

Family Accipitridae

Micronisus gabar

Aviceda cuculoides A great sighting near Garoua A few seen in the south Pernis apivorus Macheiramphus alcinus Great views at Ngaoundaba Several sightings in open areas Elanus caeruleus Common and widespread Milvus aegyptius Haliaeetus vocifer Seen at Benoue Gypohierax angolensis Most common in the southern lowlands Necrosyrtes monachus Seen in the north Gyps africanus Seen in the north Circaetus cinereus Seen between Ngaoundere and Garoua Terathopius ecaudatus Seen at Benoue Circus aeruginosus Seen in the north Circus macrourus One female seen in the north Circus pygargus Two males seen in the north Polyboroides typus Widespread and common Seen near Poli/Garoua area Melierax metabates

Seen in the north

Shikra Accipiter badius Several sightings

Ovambo Sparrowhawk Accipiter ovampensis One seen circling over Ngaoundaba
Black Sparrowhawk Accipiter melanoleucus A couple seen in the south

Lizard Buzzard Kaupifalco monogrammicus Seen in the north Grasshopper Buzzard Butastur rufipennis Seen in the north

Buteo auguralis Several sightings

Cassin's Hawk-Eagle Aquila africana Seen on the pre-tour and over Nyasoso

Wahlberg's Eagle Hieraaetus wahlbergi Just one sighting
Ayres's Hawk-Eagle Hieraaetus ayresii Seen on the pre-tour
Long-crested Eagle Lophaetus occipitalis Several sightings

ORDER FALCONIFORMES

Falcons Family Falconidae

Red-necked Buzzard

Common Kestrel Falco tinnunculus Seen in the Bamenda highlands Fox Kestrel Several excellent sightings around Poli

Grey Kestrel Falco ardosiaceus Seen in the north

Eurasian Hobby Falco subbuteo Seen at Ngaoundaba
Lanner Falcon Falco biarmicus Seen in the north

Peregrine Falcon Falco peregrinus A couple of good sightings

ORDER GRUIFORMES
Flufftails Family Sarothruridae

White-spotted Flufftail Sarothrura pulchra Brilliant views at Ngaoundaba

Buff-spotted Flufftail Sarothrura elegans Heard at Nyasoso

Red-chested Flufftail Sarothrura rufa A male was seen well at Mt Cameroon

Rails, Crakes & Coots Family Rallidae

African Rail Rallus caerulescens Heard at Ngoundaba
Black Crake Amaurornis flavirostra Seen in the north
African Swamphen Porphyrio madagascariensis Seen at Lake Dang
Common Moorhen Gallinula chloropus A couple of sightings

ORDER CHARADRIIFORMES

Stone-curlews, Thick-knees Family Burhinidae
Sonogal Thick knees Sonogal Thick the Sonogal Thick knees Sonogal Thick the Sonog

Senegal Thick-knee Burhinus senegalensis Seen on the Benoue River Spotted Thick-knee Burhinus capensis Day-time views near Garoua

Plovers Family Charadriidae

Spur-winged Lapwing Vanellus spinosus Several sightings
White-crowned Lapwing Vanellus albiceps Seen on the Benoue and Sanaga Rivers

African Wattled Lapwing Vanellus senegallus Seen in the north
Three-banded Ployer Charadrius tricollaris Seen in the north

Egyptian Plover Family Pluvianidae

Egyptian Plover Pluvianus aegyptius Brilliant views on the Benoue River

Jacanas Family Jacanidae

African Jacana Actophilornis africanus Several sightings

Sandpipers, Snipes Family Scolopacidae

Tringa nebularia Common Greenshank A few sightings Green Sandpiper Tringa ochropus Several sightings Wood Sandpiper Tringa glareola Several sightings Common Sandpiper Actitis hypoleucos Several sightings Little Stint Calidris minuta Just one seen Ruff Seen in the north Philomachus pugnax

Coursers, Pratincoles Family Glareolidae

Bronze-winged Courser Rhinoptilus chalcopterus Heard at Benoue

Rock Pratincole Glareola nuchalis Seen well on the Nyong River Grey Pratincole Glareola cinerea Seen at the Sanaga River

Gulls, Terns & Skimmers Family Laridae

African Skimmer Rynchops flavirostris Many at the Sanaga River

ORDER COLUMBIFORMES

Pigeons, DovesFamily ColumbidaeFeral PigeonColumba liviaSeen

Speckled Pigeon Columba guinea Common in the northern areas

Afep Pigeon Columba unicincta Heard in Campo

Cameroon Olive Pigeon Columba sjostedti Good perched views in the Bamenda highlands

Adamawa Turtle Dove Streptopelia hypopyrrha Good looks at Benoue
Mourning Collared Dove Streptopelia decipiens Seen at Garoua
Red-eyed Dove Streptopelia semitorquata Many sightings
Vinaceous Dove Streptopelia vinacea Common in the north
Laughing Dove Stigmatopelia senegalensis Common in the north

Black-billed Wood DoveTurtur abyssinicusSeen at BenoueBlue-spotted Wood DoveTurtur aferSeveral sightingsTambourine DoveTurtur tympanistriaSeveral sightings

Blue-headed Wood Dove Turtur brehmeri Heard and seen briefly near Kribi

Namagua Dove Oena capensis Seen in the north

Bruce's Green Pigeon Treron waalia Several sightings in the north

African Green Pigeon Treron calvus Several sightings from Ngaoundaba southwards

ORDER PSITTACIFORMES
Parrots Family Psittacidae

Red-headed Lovebird

Black-collared Lovebird

Grey Parrot

Red-fronted Parrot

Agapornis pullarius

Agapornis swindernianus

Two sightings on the pre-tour

Common in the southern lowlands

Red-fronted Parrot

Poicephalus gulielmi

Good views on the pre-tour

Senegal Parrot Poicephalus senegalus Seen most days in the north

ORDER MUSOPHAGIFORMES
Turacos Family Musophagidae

Great Blue Turaco Corythaeola cristata Seen at Campo

Guinea Turaco Tauraco persa Seen in the south, and heard often Yellow-billed Turaco Tauraco macrorhynchus Several sightings in the south Tauraco leucolophus Seen well at Ngaoundaba White-crested Turaco Bannerman's Turaco Tauraco bannermani Good looks in the Bamenda Highlands

Violet Turaco Musophaga violacea Nice views at Benoue

Seen well at Ngaoundaba Musophaga rossae Crinifer piscator Common in the north

ORDER CUCULIFORMES

Family Cuculidae

Gabon Coucal Centropus anselli Heard on the pre-tour Senegal Coucal Centropus senegalensis Many sightings in the north

Blue-headed Coucal Centropus monachus Seen in the south Blue Malkoha

Ceuthmochares aereus Several sightings from Ngaoundaba southwards

Seen at Ngaoundaba Clamator levaillantii Heard on the pre-tour Pachycoccyx audeberti

Chrysococcyx caprius Heard

> Heard regularly and seen on a couple of occasions Chrysococcyx klaas

Chrysococcyx flavigularis Heard on the pre-tour Chrvsococcvx cupreus Seen in the south Cercococcyx mechowi Seen well on the pre-tour

Heard in the Kupe/Bakossi area and on the pre-tour Cercococcvx olivinus

Cuculus clamosus Heard in the south Cuculus solitarius Several heard

African Cuckoo Cuculus gularis Seen in the Bamenda highlands

ORDER STRIGIFORMES

Barn Owls Family Tytonidae

Western Barn Owl Tyto alba Seen in the north

Owls Family Strigidae

African Scops Owl Otus senegalensis Great looks at Ngaoundaba Seen in Ngaoundere Grevish Eagle-Owl Bubo cinerascens Fraser's Eagle-Owl Bubo poensis Seen at Nyassoso Heard on the pre-tour Vermiculated Fishing Owl Scotopelia bouvieri African Wood Owl Strix woodfordii Heard on the pre-tour Pearl-spotted Owlet Glaucidium perlatum Seen at Benoue

ORDER CAPRIMULGIFORMES

Family Caprimulgidae

Black-shouldered Nightiar Caprimulgus nigriscapularis Seen well in the Bamenda highlands

Caprimulgus tristigma Heard at Benoue Caprimulaus batesi Heard on the pre-tour

Caprimulgus climacurus Wonderful views at Ngaoundaba Standard-winged Nightjar Macrodipteryx longipennis A mesmerising display at Ngaoundaba

Nightjars

Ross's Turaco

Cuckoos

Western Plantain-eater

Levaillant's Cuckoo

Thick-billed Cuckoo

Yellow-throated Cuckoo

African Emerald Cuckoo

Dusky Long-tailed Cuckoo

Olive Long-tailed Cuckoo

Red-chested Cuckoo

Diederik Cuckoo

Klaas's Cuckoo

Black Cuckoo

Freckled Nightjar Bates's Nightiar Long-tailed Nightjar

ORDER APODIFORMES **Swifts** Family Apodidae Scarce Swift Schoutedenapus myoptilus Heard and seen in the Bamenda highlands Mottled Spinetail Telacanthura ussheri Seen on the pre-tour Super views on the pre-tour Black Spinetail Telacanthura melanopygia Sabine's Spinetail Rhaphidura sabini Seen on the pre-tour and at Campo Cassin's Spinetail Neafrapus cassini Seen on the pre-tour Cvpsiurus parvus African Palm Swift Common and widespread Common Swift Apus apus Seen in good numbers on the pre-tour African Black Swift Apus barbatus A group in the Bamenda highlands may have been Fernando Po Swift Little Swift Apus affinis Common and widespread Bates's Swift Apus batesi Seen well near Kribi and on the pre-tour ORDER COLIFORMES Mousebirds **Family Collidae** Speckled Mousebird Colius striatus Common and widespread ORDER TROGONIFORMES **Trogons Family Trogonidae** Bare-cheeked Trogon Apaloderma aeguatoriale Seen on the pre-tour and at Campo Nice looks in the Bakossi Mts Bar-tailed Trogon Apaloderma vittatum ORDER CORACIIFORMES **Rollers Family Coraciidae** Abvssinian Roller Coracias abyssinicus Common in the north Blue-bellied Roller Coracias cyanogaster Great views at Benoue Broad-billed Roller Eurystomus glaucurus Seen at Ngoundaba Family Alcedinidae **Kingfishers** Chocolate-backed Kingfisher Halcvon badia Good views on the pre-tour: heard in the Bakossi Mts Grey-headed Kingfisher Halcyon leucocephala Many sightings Striped Kinafisher Halcvon chelicuti Seen in the north Blue-breasted Kingfisher Halcyon malimbica Seen briefly at Ngaoundaba Woodland Kingfisher Halcvon senegalensis First seen in Douala African Pygmy Kingfisher Ispidina picta A few of scattered sightings Malachite Kingfisher Corythornis cristata A few sightings Shining-blue Kingfisher Alcedo quadribrachys Seen on the pre-tour Giant Kingfisher Seen on four dates Megaceryle maxima Pied Kinafisher Cervle rudis Seen in the north **Bee-eaters Family Meropidae** Black Bee-eater Merops gularis Seen four times Merops pusillus Seen several times Little Bee-eater

Good views in the north

Seen near Garoua

Good numbers seen in the south

Merops bulocki

Merops albicollis

Merops orientalis

Red-throated Bee-eater

Green Bee-eater

White-throated Bee-eater

European Bee-eater	Merops apiaster	Seen once
	ORDER BUCEROTIFORMES	
Hoopoes	Family Upupidae	
Eurasian Hoopoe	Upupa epops	Heard
Wood Hoopoes	Family Phoeniculidae	
Green Wood Hoopoe	Phoeniculus purpureus	Seen in the north
Black Scimitarbill	Rhinopomastus aterrimus	Seen in the north
Hornbills	Family Bucerotidae	
African Pied Hornbill	Tockus fasciatus	Common in the southern lowlands
African Grey Hornbill	Tockus nasutus	Regularly seen in the north
Northern Red-billed Hornbill	Tockus erythrorhynchus	Seen in the Garoua area
Red-billed Dwarf Hornbill	Tockus camurus	Good sightings near Kribi and in Campo
White-crested Hornbill	Tropicranus albocristatus	Heard and seen briefly in Campo
Piping Hornbill	Bycanistes fistulator	Common in the southern lowlands
White-thighed Hornbill	Bycanistes albotibialis	Nice views in the Campo area and on the pre-tour
Black-casqued Wattled Hornbill	Ceratogymna atrata	Seen well near Kribi and in Campo and on the pre-tour
Ground Hornbills	Family Bucorvidae	
Abyssinian Ground Hornbill	Bucorvus abyssinicus	Good looks at Benoue and Ngaoundaba
	ORDER PICIFORMES	
African barbets	Family Lybiidae	
Grey-throated Barbet	Gymnobucco bonapartei	Seen in the southern lowlands
Bristle-nosed Barbet	Gymnobucco peli	One on the pre-tour
Naked-faced Barbet	Gymnobucco calvus	Conspicuous at Mt Kupe and Mt Cameroon
Speckled Tinkerbird	Pogoniulus scolopaceus	Seen well in the south
Western Tinkerbird	Pogoniulus coryphaeus	Great looks in the Bamenda highlands
Red-rumped Tinkerbird	Pogoniulus atroflavus	Seen at Kribi and on the pre-tour
Yellow-throated Tinkerbird	Pogoniulus subsulphureus	A few good looks in the south
Yellow-rumped Tinkerbird	Pogoniulus bilineatus	Seen from Ngaoundaba southwards
Yellow-fronted Tinkerbird	Pogoniulus chrysoconus	Seen in the north
Yellow-spotted Barbet	Buccanodon duchaillui	Good looks in the south
Hairy-breasted Barbet	Tricholaema hirsuta	Seen near Kribi
Vieillot's Barbet	Lybius vieilloti	Seen well in the north
White-headed Barbet	Lybius leucocephalus	Good looks in the north
Double-toothed Barbet	Lybius bidentatus	Nice looks at Ngaoundaba
Bearded Barbet	Lybius dubius	Seen well in the north
Yellow-billed Barbet	Trachyphonus purpuratus	Good looks on the pre-tour and heard elsewhere
Honeyguides	Family Indicatoridae	
Cassin's Honeybird	Prodotiscus insignis	Just one seen
Willcocks's Honeyguide	Indicator willcocksi	Seen at Poli
Thick-billed Honeyguide	Indicator conirostris	Seen on Mt Cameroon, where calling
Lesser Honeyguide	Indicator minor	Seen in the north

Greater Honeyquide Indicator indicator Seen in the north Woodpeckers **Family Picidae** African Piculet Sasia africana Nice views at Mt Kupe

Fine-spotted Woodpecker Campethera punctuligera Seen well at Benoue Campethera abingoni Golden-tailed Woodpecker Heard at Benoue Green-backed Woodpecker Campethera cailliautii

Seen at Mt Kupe and heard elsewhere Campethera tullberai Seen in the Bakossi Mts and on Mt Cameroon

Buff-spotted Woodpecker Campethera nivosa Seen briefly in Campo Brown-eared Woodpecker Campethera caroli Seen in Campo

> Dendropicos fuscescens Several scattered sightings Dendropicos gabonensis Seen at Mt Kupe and Campo Dendropicos xantholophus Seen at Campo and Mt Kupe Dendropicos elliotii Seen on Mt Cameroon

Dendropicos goertae Several sightings

Brown-backed Woodpecker Picoides obsoletus Seen at Benoue and Ngaoundaba

ORDER PASSERIFORMES

Broadbills Family Eurylaimidae African Broadbill Smithornis capensis Seen in the Bakossi Mts.

Grev-headed Broadbill Smithornis sharpei Fantastic views at Mt Kupe and in the Bakossi Mts

Rufous-sided Broadbill Smithornis rufolateralis Seen at Mt Kupe and on the pre-tour

Wattle-eves. Batises Family Platysteiridae

Tullberg's Woodpecker

Cardinal Woodpecker

Yellow-crested Woodpecker

African Grey Woodpecker

Gabon Woodpecker

Elliot's Woodpecker

African Shrike-flycatcher Megabyas flammulatus Seen in the south Black-and-white Shrike-flycatcher Bias musicus Good looks at Mt Kupe and on the pre-tour

Senegal Batis Batis senegalensis Seen well in the north

Western Black-headed Batis Batis erlangeri Seen well in the Bamenda highlands

Gabon Batis Batis minima Seen daily on the pre-tour!

Fernando Po [West African] Batis Batis poensis (incl. occulta) Seen at Mt Kupe Brown-throated Wattle-eve Platvsteira cvanea Common and widespread

Banded Wattle-eye Platysteira laticincta Good looks in the Bamenda Highlands

Chestnut Wattle-eve Platvsteira castanea Seen in the south

White-spotted Wattle-eve Platysteira tonsa Excellent views near Kribi and on the pre-tour

Black-necked Wattle-eye Platysteira chalybea Excellent views on the pre-tour and seen several times in the Kupe/Bakossi area Yellow-bellied Wattle-eve

Platysteira concreta Great views at Mt Kupe

Family Prionopidae **Helmetshrikes** White-crested Helmetshrike Prionops plumatus Seen at Benoue and Ngaoundaba

Bushshrikes Family Malaconotidae Fierv-breasted Bushshrike Malaconotus cruentus

Seen well on the pre-tour and again at Mt Kupe Seen at Ngaoundaba Grev-headed Bushshrike Malaconotus blanchoti Green-breasted Bushshrike Seen in the Bakossi Mts Malaconotus gladiator Many-colored Bushshrike Chlorophoneus multicolor Great looks at Mt Kupe Bocage's Bushshrike Chlorophoneus bocagei Seen in the Kupe/Bakossi area

Orange-breasted Bushshrike Chlorophoneus sulfureopectus Seen in the north Black-crowned Tchagra Tchagra senegalus Several sightings in the north

Sabine's Puffback Drvoscopus sabini Seen well on the pre-tour Pink-footed Puffback Dryoscopus angolensis Seen in the Kupe/Bakossi area

Dryoscopus senegalensis Seen in the Kupe/Bakossi area and on the pre-tour Red-eved Puffback

Dryoscopus gambensis Seen in the north Northern Puffback

Laniarius leucorhynchus Seen well on the pre-tour Seen in the Bakossi Mts Laniarius poensis

Laniarius luehderi Seen at Mt Kupe Laniarius maior Seen in the north

Black-headed Gonolek Laniarius erythrogaster Seen at Benoue and Ngaoundaba

Yellow-breasted Boubou Laniarius atroflavus Seen in the Bamenda Highlands and on Mt Cameroon

Nilaus afer Seen in the north

Cuckooshrikes Family Campephagidae

Lowland Sooty Boubou Mountain Sooty Boubou

Luehder's Bushshrike

Tropical Boubou

Brubru

Grev Cuckooshrike Coracina caesia Seen in the Bakossi Mts White-breasted Cuckooshrike Coracina pectoralis Seen well at Ngaoundaba

Blue Cuckooshrike Coracina azurea Heard

Red-shouldered Cuckooshrike Seen in the Kupe/Bakossi area Campephaga phoenicea

Petit's Cuckooshrike Campephaga petiti Seen at Mt Kupe

Shrikes Family Laniidae Yellow-billed Shrike Corvinella corvina Conspicuous at Ngaoundaba Emin's Shrike Lanius gubernator Excellent views at Poli!

Mackinnon's Shrike Lanius mackinnoni Seen many times in the southern highlands

Northern Fiscal Lanius humeralis Several sightings Seen in the north Woodchat Shrike Lanius senator

Orioles Family Oriolidae African Golden Oriole Oriolus auratus Seen at Ngaoundaba

Western Oriole Oriolus brachvrhvnchus Seen at Mt Kupe and on the pre-tour

Black-winged Oriole Oriolus nigripennis Seen in the Kupe/Bakossi area and on the pre-tour

Family Dicruridae Drongos Square-tailed Drongo Dicrurus Iudwigii Seen at Ngoundaba and Kribi

Seen at the Bakossi Mts and Campo Shining Drongo Dicrurus atripennis Fork-tailed Drongo Dicrurus adsimilis Seen in the north Velvet-mantled Drongo Dicrurus modestus Seen on the pre-tour

Monarchs Family Monarchidae

Blue-headed Crested Flycatcher Trochocercus nitens Seen in the Bakossi/Kupe area and near Campo Rufous-vented Paradise Flycatche Terpsiphone rufocinerea Good views at the Sanaga River and on the pre-tour Red-bellied Paradise Flycatcher Terpsiphone rufiventer Several sightings in the south

Bates's Paradise Flycatcher Terpsiphone batesi Seen well at Mt Kupe and on the pre-tour

African Paradise Flycatcher Terpsiphone viridis Common and widespread

Family Corvidae Crows

Piapiac Ptilostomus afer Some good looks in the north
Pied Crow Corvus albus Common and widespread

Rockfowl Family Picathartidae

Grey-necked Rockfowl Picathartes oreas Good views around their breeding cave

Fairy Flycatchers Family Stenostiridae

African Blue Flycatcher Elminia longicauda Many sightings
White-bellied Crested Flycatcher Elminia albiventris Seen in the Bakossi Mts and on Mt Cameroon

Tits Family Paridae
White-shouldered Black Tit Parus guineensis Seen in the north

White-bellied Tit Parus albiventris Seen well in the Bamenda highlands

 Penduline Tits
 Family Remizidae

 Forest Penduline Tit
 Anthoscopus flavifrons
 Excellent views on the pre-tour

NicatorsFamily NicatoridaeWestern NicatorNicator chlorisGood sightings in the south

Yellow-throated Nicator Nicator vireo Seen well on the pre-tour

Larks Family Alaudidae

Rufous-naped Lark

Flappet Lark

Mirafra africana

Seen near Poli

Seen near Garoua

Crested Lark

Galerida cristata

Seen at Garoua

Sun Lark Galerida modesta Good views at Ngaoundaba

BulbulsFamily PycnonotidaeCommon BulbulPycnonotus barbatusCommon and widespreadDark-capped BulbulPycnonotus tricolorThe bulbul at Ngaoundaba

Cameroon GreenbulArizelocichla montanaSeen well in the Bamenda highlandsWestern GreenbulArizelocichla tephrolaemaSeen in all the highland forestsSlender-billed GreenbulStelgidillas gracilirostrisSeveral sightings in the south

Little Greenbul Eurillas virens Heard much more often than seen
Little Grey Greenbul Eurillas gracilis Seen on the pre-tour
Ansorge's Greenbul Eurillas ansorgei Seen on the pre-tour
Plain Greenbul Eurillas curvirostris Seen in the south

Yellow-whiskered Greenbul Eurillas latirostris A couple of sightings in the south Golden Greenbul Calyptocichla serinus Seen near Kribi and on the pre-tour

Honeyguide Greenbul Baeopogon indicator Seen on the pre-tour Sjostedt's Greenbul Baeopogon clamans Great views in Campo Spotted Greenbul Ixonotus guttatus Good looks in the sout

Spotted Greenbul Ixonotus guttatus Good looks in the southern lowlands
Simple Greenbul Chlorocichla simplex Heard in the south and seen on the pre-tour

Yellow-throated Leaflove

Atimastillas flavicollis

Atimastillas flavicollis

Seen at Ngaoundaba

Swamp Palm Bulbul Thescelocichla leucopleura Seen in the Bakossi Mts and in the southern lowlands

Red-tailed Leaflove Phyllastrephus scandens Seen well at Ngaoundaba

Cameroon Olive Greenbul Phyllastrephus poensis Seen in the Bakossi Mts and on Mt Cameroon

Icterine Greenbul Phyllastrephus icterinus Seen at Campo and on the pre-tour

Xavier's Greenbul

Grev-headed Greenbul

Red-tailed Bristlebill Yellow-lored Bristlebill

Fastern Bearded Greenbul

Red-tailed Greenbul

White-bearded Greenbul

Swallows, martins

Square-tailed Saw-wing Mountain Saw-wing Black Saw-wing

Grev-rumped Swallow

Sand Martin Barn Swallow

Ethiopian Swallow Wire-tailed Swallow

White-bibbed [Wh-thr Blue] Swallc Hirundo nigrita

Rock Martin

Common House Martin

Lesser Striped Swallow Red-breasted Swallow

Red-rumped Swallow

West African Swallow

Preuss's Cliff Swallow

Forest Swallow

Crombecs. African warblers

Moustached Grass Warbler

Yellow Lonabill Grey Longbill Northern Crombec

Green Crombec

Lemon-bellied Crombec

Uncertain relationships

Chestnut-capped Flycatcher

Green Hylia Tit Hylia

Leaf warblers and allies

Black-capped Woodland Warbler Phylloscopus herberti Uganda Woodland Warbler

Willow Warbler Wood Warbler

Phyllastrephus xavieri

Phyllastrephus poliocephalus

Bleda svndactvlus Bleda notatus Criniaer chloronotus

Criniger calurus Criniaer ndussumensis

Family Hirundinidae Psalidoprocne nitens

Psalidoprocne fuliginosa Psalidoprocne pristoptera Pseudhirundo ariseopyaa

Riparia riparia Hirundo rustica Hirundo aethiopica

Hirundo smithii

Ptyonoprogne fuliquia

Delichon urbicum Cecropis abyssinica

Cecropis semirufa

Cecropis daurica

Cecropis domicella Petrochelidon preussi

Petrochelidon fuliginosa

Family Macrosphenidae Melocichla mentalis

Macrosphenus flavicans Macrosphenus concolor

Svlvietta brachvura

Sylvietta virens Svlvietta denti

Insertae cedis

Erythrocercus mccallii

Hvlia prasina

Pholidornis rushiae

Family Phylloscopidae

Phylloscopus budongoensis

Phylloscopus trochilus Phylloscopus sibilatrix

Good views at Campo

Seen well in the Kupe/Bakossi area Heard in the Bakossi Mts and at Campo

Seen at Campo Seen well near Kribi Seen in the south

Excellent views on the pre-tour and near Kribi

Seen in the southern lowlands Several seen on Mt Cameroon

Seen from Ngaoundaba southwards

Seen at Benoue Seen at Garoua Widespread

First seen at Loum and again in the north

Several sightings

Seen at the Sanaga River and on the pre-tour

First seen in the Bamenda highlands

Seen once Widespread

Seen at the Sanaga River

The resident kumbaensis subspecies seen at Dschang

Seen on the Benoue River Many good views

Seen well at Mt Kupe and again at Campo

Seen at Benoue and Poli

Good views on the pre-tour and heard again in the south Good views on the pre-tour and heard again in the south

Seen in the north Good views on the pre-tour and heard again in the south

Seen on the pre-tour and heard again in the south

Good views in the Kupe/Bakossi area and on the pre-tour

Many sightings in the south

Wonderful views in the Kupe/Bakossi area and on the pre-tour

Good looks in the Bakossi/Kupe area

Heard at Campo and seen well on the pre-tour

Several sightings Several sightings Reed warblers and allies

Greater Swamp Warbler
Great Reed Warbler

Sedge Warbler

Dark-capped Yellow Warbler Western Olivaceous Warbler

Icterine Warbler

Grassbirds and allies

Little Rush Warbler Evergreen Forest Warbler

Bangwa Forest Warbler

Cisticolas and allies

Red-faced Cisticola Singing Cisticola

Whistling Cisticola

Chattering Cisticola

Chubb's Cisticola Rock-loving Cisticola

Winding Cisticola

Croaking Cisticola

Dorst's Cisticola Rufous Cisticola

Zitting Cisticola

Black-backed Cisticola

Pectoral-patch Cisticola

Tawny-flanked Prinia Banded Prinia

White-chinned Prinia Red-winged Warbler

Green Longtail

Black-collared Apalis Red-winged Grey Warbler

Yellow-breasted Apalis
Lowland Masked Apalis
Black-throated Apalis

Black-capped Apalis Buff-throated Apalis Bamenda Apalis Gosling's Apalis Grey Apalis

Oriole Warbler

Family Acrocephalidae

Acrocephalus rufescens Acrocephalus arundinaceus

Acrocephalus schoenobaenus

Iduna natalensis

Iduna opaca Hippolais icterina

Family Locustellidae

Bradypterus baboecala

Bradypterus lopezi Good views on Mt Cameroon

Bradypterus bangwaensis Good looks in the Bamenda Highlands

Family Cisticolidae

Cisticola erythrops Seen once

Cisticola cantans Good looks in the Bamenda Highlands

Cisticola lateralis Seen at Ngaoundaba

Cisticola anonymus First seen at Mt Kupe; also on the pre-tour

Most easily seen at Ngaoundaba

Seen well in the Bamenda highlands

Seen at Garoua

Seen at Garoua

Seen well at Benoue

Seen at Bamenda

Heard at Mt Kupe

Cisticola chubbi Seen in the southern highlands
Cisticola emini Seen in the Garoua area

Cisticola marginatus Seen at Garoua: heard on the Nyong River

Cisticola natalensis Seen at Ngaoundaba
Cisticola guinea Seen well at Poli and Garoua

Cisticola rufus Seen in Benoue
Cisticola juncidis Seen at Garoua
Cisticola eximius A good sighting at Poli

Cisticola brunnescens Seen in the Bamenda Highlands

Prinia subflavaWidespreadPrinia bairdiiSeen at Mt KupeSchistolais leucopogonSeen severalHeliolais erythropterusSeen at Poli

Urolais epichlorus Seen on Mt Kupe, the Bakossi Mts and Mt Cameroon

Oreolais pulcher Seen well in the Bamenda highlands
Drymocichla incana Nice views at Benoue and Ngaoundaba

Apalis flavida

Apalis binotata

Seen at Ngaoundaba
Seen in the Bakossi Mts

Apalis jacksoniSeen at Mt Kupe and on the pre-tourApalis nigricepsSeen at Mt Kupe and on the pre-tourApalis rufogularisSeveral sightings in the southApalis bamendaeFantastic views at NgaoundabaApalis goslingiExcellent views on the pre-tour

Apalis cinerea Seen in the Bamenda Highlands and on Mt Cameroon

Hypergerus atriceps Great views at Benoue and Ngaoundaba

Grey-backed Camaroptera Camaroptera brevicaudata Widespread Yellow-browed Camaroptera Camaroptera superciliaris Seen well on the pre-tour Olive-green Camaroptera Camaroptera chloronota Seen at Mt Kupe Black-faced Rufous Warbler Bathmocercus rufus Seen at Mt Kupe Seen well in the Bakossi Mts White-tailed Warbler Poliolais lopesi Eremomela pusilla Seen in the north Senegal Eremomela Eremomela badiceps Seen well in the south Rufous-crowned Fremomela **Ground-Babblers** Family Pellorneidae Spotted Thrush-Babbler Ptvrticus turdinus Good looks at Ngouandaba Blackcap Illadopsis Illadopsis cleaveri Great views at Mt Kupe Pale-breasted Illadopsis Illadopsis rufipennis Seen well near Kribi Brown Illadopsis Illadopsis fulvescens Heard **Typical Babblers** Family Leiothrichidae White-throated Mountain Babbler Kupeornis gilberti Seen a few times in the Kupe/Bakossi areas Blackcap Babbler Turdoides reinwardtii Seen in the north Brown Babbler Turdoides plebeius Regular in the north Family Sylviidae Sylviid Babblers African Hill Babbler Pseudoalcippe abyssinica Seen well on Mt Cameroon Ruwenzori Hill Babbler Pseudoalcippe atriceps Seen well in the Bamenda highlands Eurasian Blackcap Sylvia atricapilla Seen once Garden Warbler Svlvia borin Seen a couple of times Common Whitethroat Svlvia communis Seen in the north Family Zosteropidae White-eyes African Yellow White-eve Zosterops senegalensis Seen in the north and in the Bamenda highlands [Forest White-eye] Zosterops [senegalensis] stenocricotus Seen at Mt Kupe and Mt Cameroon Mount Cameroon Speirops Zosterops melanocephalus Fantastic views on Mt Cameroon **Modulatrixes Family Arcanatoridae** Grev-chested Babbler Kakamega poliothorax Amazing views on Mount Cameroon **Hyliotas Family Hyliotidae** Yellow-bellied Hyliota Hvliota flavigaster Seen at Ngaoundaba Southern Hyliota Hyliota australis Seen at Mt Kupe Seen on the pre-tour Violet-backed Hyliota Hyliota violacea **Spotted Creeper** Salpornis spilonotus Seen at Ngaoundaba **Family Sturnidae Starlings** Purple-headed Starling Hylopsar purpureiceps Seen at Campo and on the pre-tour Greater Blue-eared Starling Lamprotornis chalybaeus Seen in the north

Seen at the Adamawa Escarpment

Widespread from Ngaoundaba southwards

Seen at Ngaoundaba

Common in the north

Seen at Benoue

Lesser Blue-eared Starling

Long-tailed Glossy Starling

Bronze-tailed Starling

Splendid Starling

Purple Starling

Lamprotornis chloropterus

Lamprotornis chalcurus

Lamprotornis splendidus

Lamprotornis purpureus

Lamprotornis caudatus

Violet-backed Starling Chestnut-winged Starling

Waller's Starling Neumann's Starling White-collared Starling

Oxpeckers

Yellow-billed Oxpecker

Thrushes

Red-tailed Ant-thrush White-tailed Ant-thrush

Fraser's Rufous Thrush Crosslev's Ground Thrush

African Thrush Fire-crested Alethe

Brown-chested Alethe

Chats, Old World Flycatchers

Forest Robin Bocage's Akalat

White-bellied Robin-Chat Mountain Robin-Chat

Grev-winged Robin-Chat Snowy-crowned Robin-Chat

White-crowned Robin-Chat

Whinchat

African Stonechat Heuglin's Wheatear

Familiar Chat

White-crowned Cliff Chat Fraser's Forest Flycatcher White-browed Forest Flycatcher Northern Black Flycatcher

Pale Flycatcher Spotted Flycatcher Gambaga Flycatcher Ashv Flycatcher Swamp Flycatcher

Cassin's Flycatcher African Dusky Flycatcher Little Grev Flycatcher

Yellow-footed Flycatcher Dusky-blue Flycatcher

Cinnyricinclus leucogaster Seen in the north Onvchognathus fulgidus Seen at Limbe Onvchognathus walleri

Seen in the highland forests Onychognathus neumanni

Seen at Bamenda

Good looks at Ngouandaba

Seen in the north

Buphagus africanus **Family Turdidae**

Family Buphagidae

Grafisia torquata

Neocossyphus rufus Seen at Campo

Seen at Mt Kupe and Campo Neocossyphus poensis

Stizorhina fraseri Seen in the south

Geokichla crosslevi Seen well in the Bakossi Mts Turdus pelios Common and widespread

Heard in the Bakossi Mts and seen well at Campo

Heard near Kribi

Family Muscicapidae

Pseudalethe poliocephala

Alethe castanea

Stiphrornis erythrothorax Seen at Campo

Sheppardia bocagei Good looks at Alexander's Akalat in the Bakossi/Kupe area

Cossyphicula roberti Seen well on Mt Kupe

Cossypha isabellae Our best views were on Mt Cameroon

Cossypha polioptera Seen at Ngaoundaba Cossypha niveicapilla Heard and seen by some

Cossypha albicapillus Great looks at Benoue and Ngaoundaba

Saxicola rubetra Abundant at Ngaoundaba Saxicola torquatus Seen in the Bamenda highlands

Oenanthe heuglini Seen in the Poli area Oenanthe familiaris Seen at Benoue and Poli

Thamnolaea coronata Seen at Bemanda and near Garoua Seen at Campo and on the pre-tour Fraseria ocreata Excellent views on the pre-tour Fraseria cinerascens

Melaenornis edolioides Seen a few times Bradornis pallidus Seen in the north Muscicapa striata One seen at Limbe Muscicapa gambagae Seen well at Ngaoundaba

Muscicapa caerulescens Heard at Mt Kupe; seen on the pre-tour

Muscicapa aquatica Seen at Benoue Muscicapa cassini Seen in the south Muscicapa adusta Seen in highland areas Muscicapa epulata Excellent views on the pre-tour

Muscicapa sethsmithi Great views at Mt Kupe, Campo and the pre-tour

Seen at Mt Kupe and on the pre-tour Muscicapa comitata

Sooty Flycatcher

Grev-throated Tit-Flycatcher

Grev Tit-Flycatcher

European Pied Flycatcher

Sunbirds

Fraser's Sunbird

Western Violet-backed Sunbird

Violet-tailed Sunbird Little Green Sunbird Grev-chinned Sunbird

Collared Sunbird Pyamy Sunbird

Green-headed Sunbird Blue-throated Brown Sunbird

Cameroon Sunbird

Reichenbach's Sunbird

Olive Sunbird

Carmelite Sunbird

Green-throated Sunbird Scarlet-chested Sunbird

Olive-bellied Sunbird

Tiny Sunbird

Northern Double-collared Sunbird Cinnyris reichenowi

Beautiful Sunbird

Orange-tufted Sunbird

Splendid Sunbird

Johanna's Sunbird Superb Sunbird

Variable Sunbird

Ursula's Sunbird

Bates's Sunbird

Copper Sunbird

Old World Sparrows

Chestnut-crowned Sparrow-Weav Plocepasser superciliosus Passer ariseus

Northern Grev-headed Sparrow **Bush Petronia**

Weavers. Widowbirds

Baglafecht Weaver

Bannerman's Weaver

Little Weaver Spectacled Weaver Muscicapa infuscata Myioparus griseigularis

Mvioparus plumbeus Heard, and seen on the pre-tour Ficedula hypoleuca Regular in the north

Family Nectariniidae

Deleornis fraseri

Cyanomitra olivacea

Chalcomitra fuliginosa

Cinnvris chloropyaius

Cinnvris minullus

Cinnyris pulchellus

Cinnvris cocciniaastrus

Cinnvris bouvieri

Cinnyris johannae

Cinnvris superbus

Cinnyris venustus

Cinnvris ursulae

Cinnyris cupreus

Gymnoris dentata

Family Ploceidae

Ploceus baglafecht

Ploceus luteolus

Ploceus ocularis

Ploceus bannermani

Family Passeridae

Cinnyris batesi

Chalcomitra rubescens

Chalcomitra senegalensis

Seen at Benoue and Ngaoundaba Anthreptes longuemarei

Fantastic views of males and females near Kribi Anthreptes aurantius

Seen in the south

Heard

Anthreptes seimundi Seen near Kribi and in the south

Anthreptes rectirostris Regular in the south Hedydipna collaris Regular in the south Hedvdipna platura Common in the north

Anabathmis reichenbachii Seen in the southern lowlands Cvanomitra verticalis Seen from Ngaoundaba southwards Cyanomitra cyanolaema Seen at Mt Kupe and on the pre-tour Cvanomitra oritis Seen in the southern highlands

Common in the south

Seen at the Duck Pond on the pre-tour

Seen at Campo and on the pre-tour

Seen in the southern lowlands

Seen in the north

Seen in the southern lowlands Seen at Mt Kupe and on the pre-tour

Seen in the Bamenda highlands and at Ngaoundaba

Seen in the north

Several seen in the Bamenda highlands

Seen at Ngaoundaba

Seen in the southern lowlands

Seen on the pre-tour

Seen at Benoue and Ngaoundaba

Great views on Mt Kupe and in the Bakossi Mts

Seen near Kribi and on the pre-tour

Seen at Poli

Seen in the Garoua area and at Benoue

Common and widespread Common in the north

Seen in highland areas

Good views in the Bamenda highlands

Seen at Benoue Seen at Ngaoundaba Black-necked Weaver Black-billed Weaver Vitelline Masked Weaver Village Weaver

Vieillot's Black Weaver Black-headed (Yellow-b) Weaver Ploceus melanocephalus

Yellow-mantled Weaver Dark-backed Weaver Preuss's Weaver

Brown-capped Weaver Red-crowned Malimbe

Cassin's Malimbe Red-headed Malimbe

Crested Malimbe Red-headed Weaver Red-headed Quelea

Black-winged Red Bishop

Yellow Bishop

Yellow-mantled Widowbird

Marsh Widowbird

Waxbills, Munias & Allies

Woodhouse's Antpecker White-breasted Nigrita

Chestnut-breasted Nigrita Pale-fronted Nigrita

Grev-headed Nigrita Shelley's Oliveback Grey-headed Oliveback

Yellow-winged Pytilia Red-faced Crimsonwing

Western Bluebill **Brown Twinspot** Dybowski's Twinspot Black-bellied Firefinch

Bar-breasted Firefinch Red-billed Firefinch Chad Firefinch

Black-faced Firefinch Red-cheeked Cordon-bleu Lavender Waxbill

Orange-cheeked Waxbill

Ploceus nigricollis Ploceus melanogaster Ploceus vitellinus

Ploceus cucullatus Ploceus nigerrimus

Ploceus tricolor Ploceus bicolor Ploceus preussi

Ploceus insignis Malimbus coronatus Malimbus cassini

Malimbus rubricollis

Malimbus malimbicus

Anaplectes rubriceps

Quelea ervthrops

Euplectes hordeaceus Euplectes capensis

Euplectes macroura

Euplectes hartlaubi

Family Estrildidae

Parmoptila woodhousei Nigrita fusconotus

Nigrita bicolor

Nigrita luteifrons Nigrita canicapillus

Nesocharis shellevi Nesocharis capistrata Pytilia hypogrammica

Crvptospiza reichenovii Spermophaga haematina

Clytospiza monteiri

Euschistospiza dybowskii Lagonosticta rara

Lagonosticta rufopicta Lagonosticta senegala Lagonosticta umbrinodorsalis

Lagonosticta larvata Uraeginthus bengalus Estrilda caerulescens Estrilda melpoda

Several sightings throughout Seen in the Bamenda highlands

Seen in the north

Common and widespread Common in the south

Non-breeding birds at Benoue Two sightings on the pre-tour Seen in the Kupe/Bakossi area

Seen well on Mt Kupe Seen in the Bakossi Mts.

An excellent sighting on the pre-tour Several good sightings on the pre-tour

Seen on the pre-tour

Seen in the Bakossi Mts and at Campo

Seen at Ngaoundaba

Seen at Ngaoundaba in non-breeding plumage

Seen in non-breeding plumage Seen in the Bamenda highlands

Seen in the Poli area

Seen at Lake Dang and Ngaoundaba

A good sighting at Mt Kupe

Seen in the south

Just one sighting at Mt Kupe

Seen at Limbe, Campo and on the pre-tour

Good views in the south

Fantastic views on Mt Cameroon Great looks at Poli and Ngaoundaba Two sightings at Ngaoundaba

A couple of brief views on Mt Cameroon

Several sightings in the south

Seen at Ngaoundaba Great views at Poli

Seen at Benoue and Ngaoundaba

Seen at Benoue Seen in the north Good views at Poli Good views near Poli Common in the north Good looks at Poli Common in moister areas Black-rumped Waxbill
Common Waxbill
Black-crowned Waxbill
Black-headed Waxbill
Orange-breasted Waxbill
African Silverbill
Bronze Mannikin

Black-and-white Mannikin Magpie Mannikin

Indigobirds, Whydahs
Pin-tailed Whydah
Wagtails, Pipits
Western Yellow Wagtail

Mountain Wagtail African Pied Wagtail Yellow-throated Longclaw

African Pipit
Long-billed Pipit
Plain-backed Pipit
Long-legged Pipit
Red-throated Pipit

Tree Pipit Finches

White-rumped Seedeater Yellow-fronted Canary West African Seedeater Thick-billed Seedeater

Oriole Finch **Buntings**

Cinnamon-breasted Bunting Brown-rumped Bunting Cabanis's Bunting Estrilda troglodytes
Estrilda astrild
Estrilda nonnula
Estrilda atricapilla
Amandava subflava
Euodice cantans
Lonchura cucullata
Lonchura bicolor

Family Viduidae
Vidua macroura
Family Motacillidae

Lonchura fringilloides

Motacilla flava Motacilla clara Motacilla aguimp Macronyx croceus Anthus cinnamomeus

Anthus similis
Anthus leucophrys
Anthus pallidiventris

Anthus cervinus
Anthus trivialis

Family Fringillidae
Crithagra leucopygia
Crithagra mozambica
Crithagra canicapilla
Crithagra burtoni
Linurgus olivaceus

Family Emberizidae
Emberiza tahapisi
Emberiza affinis
Emberiza cabanisi

Seen in the Garoua area Several sightings

Common in moister areas
Many seen well on the pre-tour

Seen briefly in the Bamenda highlands

Seen in the Garoua area Widespread

Several sightings in the south Seen well on the pre-tour

A couple of sightings

Common Seen at Mt Kupe

Seen at Mt Kupe Seen at Benoue

Seen at Poli and Ngaoundaba

"Cameroon Pipit" was seen in the Bamenda Highlands and another subspecies at Garoua

"Bannerman's Pipit" was seen in the Bamenda Highlands

Seen at Nyassoso and Ngaoundaba

Seen at Campo, the Sanaga River and on the pre-tour

Seen at Garoua

Most common at Ngaoundaba

Seen in the Garoua area
Quite common and widespread

Good views at Poli

Seen in the Bamenda Highlands and on Mt Cameroon Great views in the Bamenda Highlands and on Mt Cameroon

"Gosling's Bunting" first seen in the Bamenda highlands

Fantastic views at Ngaoundaba Seen in the Bamenda Highlands